

## AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

## AA Pledge

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.

## AA Hotlines & Contacts (+971)

Dubai/Sharjah Hotline	056-7881416
Road to Sobriety Hotline Hindi/English	056 129-5635
Public Info Vincent	050 347-5247
Website Craig	050 923-5489
ACA - Adult Children of Alcoholics - Dubai Andy	056 104-3355
Alanon Dubai Fatma	050 550 2810

## Dubai Contacts Male

Alfred	055 554-8483
Andy	050 283-4167
Bertie	055 673-0669
Hamish	050 624-1950
Kareem	054 308-8808
Mark S	050 425-2916
Oscar	050 768-7158
Rahul	055 167-8820
Sean	050 632-1899

## Dubai Contacts Female

Alexandra	050 911-2062
Amy	052 833-0211
Kat	050 953-3032
Mel	052 650-0102
Rachael	050 467-5415
Stella	050 881-1705

6<sup>th</sup> April 2020



[UAE Meeting Locations - Google Maps](#)  
aainuae@hotmail.com

## Al Ruwais

Tim	050 197-0241
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## Abu Dhabi

Abu Dhabi Hot line	052 467-3804
Emma	050 133-7219
Louise	050 132-3969
Mike W.	050 570-2981
Nick	056 614-0832
Steve	056 206-5487
Joy	050 462-3944

## Al Ain

Francis	056 363-2631
Shirley	056 391-3912
Tony	050 7953-305

[aauaealain@gmail.com](mailto:aauaealain@gmail.com)

## Ras Al Khaimah Contacts

Michael	058 808-4590
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## Sharjah Contacts

Ian	050 988-3440
Henry	050 294-4275
Mahesh	050 809-9029

*\*Open - Meeting is open to anyone  
Closed - Meeting is only open to those with a  
desire to stop drinking*

## DUBAI MEETING SCHEDULE

### SUNDAY

7.45am	Topic	*Closed
<b>Dubai Media City Express</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 842 967 957 Password 744470		
Paddy		+971 55 707 7857
10.00am	Daily	*Closed
<b>No Half Measures</b> Daily online meeting - to access meeting download ZOOM app, tap 'join meeting', Meeting ID: 462 304 493		
Tony		050 795-3305
7.00pm	Speaker/Beginners Meeting	*Open
<b>By The Book Speakers Group</b> Moved online Contact Mark		
Mark		050 272 4617
7.00pm	Persian Meeting	Closed
<b>Al Hudaiba Awards Building SUSPENDED</b>		
Sharam		055 353-4380
7.00pm	As Bill Sees It	*Closed
<b>Caribou Coffee, upstairs</b> Moved online - to access meeting download ZOOM app, tap 'join meeting', Meeting ID: 100 357 009 Password 001527		
David		050 625-3988
7.30 pm	164 & More	*Closed
<b>Emirates Hospitals &amp; Clinic, Motor City</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 725 174 5893 Password 917143		
Amy		052 883-0211
8.00pm	As Bill Sees It	*Closed
<b>St Mary's Catholic Church, Room #5 SUSPENDED</b>		
Ajay		050 481-0913
<b>MONDAY</b>		
7.45am	Just for Today	*Closed
<b>Dubai Media City Express</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 842 967 957 Password 744470		
Omar		+971 55 667 5887

<b>10.00am</b>	<b>Daily</b>	<b>*Closed</b>
<b>No Half Measures</b> Daily online meeting - download ZOOM app, tap 'join meeting', Meeting ID: 462 304 493		
<b>Tony</b>	<b>050 795-3305</b>	
<b>1.00pm</b>	<b>No Half Measures – topic share</b>	<b>*Closed</b>
<b>Caribou Coffee, upstairs</b> Moved online contact Tony for details ...		
<b>Tony</b>	<b>050 795-3305</b>	
<b>7.00pm</b>	<b>Dubai beginners meeting</b>	<b>*Open</b>
<b>Little Land Nursery</b> Moved online - to access meeting download ZOOM app, tap 'join meeting', Meeting ID: 368 437 7410		
<b>Nick</b>	<b>056 665-6300</b>	
<b>7.00pm</b>	<b>Topic 12&amp;12</b>	<b>*Closed</b>
<b>Monday in JLT, moved online</b> Please use the following link to access the meeting <a href="https://global.gotomeeting.com/join/925637389">https://global.gotomeeting.com/join/925637389</a> Access code 925-637-389		
<b>Mel</b>	<b>052 650-0102</b>	
<b>Clare</b>	<b>050 688-0113</b>	
<b>TUESDAY</b>		
<b>7.45am</b>	<b>Big Book Discussion</b>	<b>*Closed</b>
<b>Dubai Media City Express</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 842 967 957 Password 744470		
<b>Louisa</b>	<b>+971 52 829 1508</b>	
<b>10.00am</b>	<b>Daily</b>	<b>*Closed</b>
<b>No Half Measures</b> Daily online meeting - download ZOOM app, tap 'join meeting', Meeting ID: 462 304 493		
<b>Tony</b>	<b>050 795-3305</b>	
<b>7.00pm</b>	<b>Speaker/Beginners Meeting</b>	<b>*Open</b>
<b>By The Book Speakers Group</b> Moved online Contact Rahul		
<b>Rahul</b>	<b>055 167-8820</b>	
<b>7.00pm</b>	<b>Topic Share</b>	<b>*Open</b>
<b>Caribou Coffee, upstairs</b> download ZOOM app, tap 'join meeting', Meeting ID: 957 410 416		
<b>Sean</b>	<b>050 632-1899</b>	
<b>7.00pm</b>	<b>Ladies Big Book</b>	<b>*Ladies only</b>
<b>The Study Room</b> Moved to Zoom meeting online Contact Jennie or Paula on whatsapp for meeting link		
<b>Jennie</b>	<b>050 103-1975</b>	
<b>Paula</b>	<b>056 102-1310</b>	

<b>7.30pm</b>	<b>Stories from the Big Book</b>	<b>*Open</b>
<b>The 311 Group</b> Moved online Join WhatsApp Group for meeting details <a href="https://chat.whatsapp.com/Jy8IMzAmXAz6ZyoF3dt6hP">https://chat.whatsapp.com/Jy8IMzAmXAz6ZyoF3dt6hP</a>		
<b>Joe</b>	<b>050 773-5785</b>	
<b>Kat</b>	<b>050 953-3032</b>	
<b>8.15pm</b>	<b>Men's BB Solution meeting</b>	<b>*Closed</b>
<b>The Study Room</b> Moved to Zoom meeting online Contact Ronnie or Sonny on whatsapp for meeting link		
<b>Ronnie</b>	<b>050 716-8236</b>	
<b>Sonny</b>	<b>055 305-5255</b>	
<b>WEDNESDAY</b>		
<b>7:45 am</b>	<b>Step Study</b>	<b>*Closed</b>
<b>Dubai Media City Express</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 842 967 957 Password 744470		
<b>Rose</b>	<b>+971 50 557 0068</b>	
<b>10.00am</b>	<b>Daily</b>	<b>*Closed</b>
<b>No Half Measures</b> Daily online meeting - download ZOOM app, tap 'join meeting', Meeting ID: 462 304 493		
<b>Tony</b>	<b>050 795-3305</b>	
<b>1.00pm</b>	<b>Afternoon reset - 12n12</b>	<b>*Closed</b>
<b>Caribou Coffee</b> Daily online meeting - download ZOOM app, tap 'join meeting', Meeting ID: 654 380 156		
<b>Tony</b>	<b>050 795-3305</b>	
<b>7.00pm</b>	<b>Daily Reflection</b>	<b>*Closed</b>
<b>"Book Club"</b> Moved online - to access meeting download ZOOM app, tap 'join meeting', Meeting ID: 948 105 6632		
<b>Yusef</b>	<b>058 507-9202</b>	
<b>7.30 pm</b>	<b>12n12</b>	<b>*Closed</b>
<b>Emirates Hospitals &amp; Clinic, Motor City</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 725 174 5893 Password 917143		
<b>Amy</b>	<b>052 883-0211</b>	
<b>8.00pm</b>	<b>Big Book</b>	<b>*Closed</b>
<b>St Mary's Catholic Church, Room #5 (1.5hrs)</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 576 920 034 room opens 7.45pm until 9.45pm		
<b>Christopher</b>	<b>050 765-1408</b>	
<b>THURSDAY</b>		
<b>7:45 am</b>	<b>Speaker</b>	<b>*Closed</b>
<b>Dubai Media City Express</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 842 967 957 Password 744470		
<b>Connor</b>	<b>+971 52 992 9444</b>	

<b>10.00am</b>	<b>Daily</b>	<b>*Closed</b>
<b>No Half Measures</b> Daily online meeting - download ZOOM app, tap 'join meeting', Meeting ID: 462 304 493		
<b>Tony</b>	<b>050 795-3305</b>	
<b>7.00pm</b>	<b>Ladies Daily Reflection</b>	<b>*Ladies only</b>
<b>The Study Room</b> Moved to Zoom meeting online Contact Rhona or Gaelin on whatsapp for meeting link		
<b>Rhonda</b>	<b>056 835-0611</b>	
<b>Gaelin</b>	<b>050 704-4590</b>	
<b>7.30pm</b>	<b>Speaker Step</b>	<b>*Closed</b>
<b>Bright Spots Group Little Land Nursery - 'All beginners welcome'</b> Moved online - to access meeting download ZOOM app, tap 'join meeting', Meeting ID: 997 642 2136		
<b>Rachael</b>	<b>050 467-5415</b>	
<b>8.00pm</b>	<b>Big Book Study</b>	<b>*Open</b>
<b>Caribou Coffee, upstairs</b> Daily online meeting - download ZOOM app, tap 'join meeting', Meeting ID: 571 665 9820		
<b>Sabah</b>	<b>054 582-2210</b>	
<b>FRIDAY</b>		
<b>9.30am</b>	<b>Topic</b>	<b>*Open</b>
<b>Sober am - Caribou Coffee, upstairs</b> Moved online - to access meeting download ZOOM app, tap 'join meeting', Meeting ID: 948 105 6632		
<b>Mel</b>	<b>052 650-0102</b>	
<b>10.00am</b>	<b>Daily</b>	<b>*Closed</b>
<b>No Half Measures</b> Daily online meeting - download ZOOM app, tap 'join meeting', Meeting ID: 462 304 493		
<b>Tony</b>	<b>050 795-3305</b>	
<b>10.00am</b>	<b>Coffee Lover's</b>	<b>*Closed</b>
<b>Little Land Nursery</b> Moved online - to access meeting download ZOOM app, tap 'join meeting', Meeting ID: 264 887 721		
<b>Lucy</b>	<b>055 585 0890</b>	
<b>10.00am</b>	<b>Road to Sobriety</b>	<b>*Open</b>
<b>St Mary's Catholic Church, Room #5</b> Moved online, join using the link below <a href="https://zoom.us/j/444603435">https://zoom.us/j/444603435</a> Meeting ID: 444 603 435		
<b>David</b>	<b>050 461-1654</b>	

5.00pm	Big Book Share	*Closed
<b>Caribou Coffee, upstairs</b> Moved online - to access meeting download ZOOM app, tap 'join meeting', Meeting ID: 190 335 417		
Michel		055 647-8338
7.00pm	Speaker	*Open
<b>Little Land Nursery - 'All beginners welcome'</b> Moved online - to access meeting download ZOOM app, tap 'join meeting', Meeting ID: 997 642 2136		
Rachael		050 467-5415
<b>SATURDAY</b>		
7.30am	Strong Currents-Beach	*Open
<b>Beach Meeting</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 945 940 4620		
Tara		+44 77 1251-4553
Dana		050 525-7121
Matt		055 880-8924
9.00am	Topic	*Closed
<b>Caribou Coffee, upstairs</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 246 021 923 Password 434800		
Angelica		050 403-1827
10.00am	Daily	*Closed
<b>No Half Measures</b> Daily online meeting - download ZOOM app, tap 'join meeting', Meeting ID: 462 304 493		
Tony		050 795-3305
10.30am	Daily Reflection	*Closed
<b>Caribou Coffee, upstairs</b> Moved online-to access meeting download ZOOM app tap 'join meeting' Meeting ID: 622655169 Password 052455		
Keith		055 917-9475
6:00pm	Steps & Traditions	*Closed
<b>The Study Room</b> SUSPENDED CALL ALEX FOR NEW VENUE		
Alexandra		050 911-2062
7:00pm	Big Book Study	*Closed
<b>Caribou Coffee, upstairs</b> Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 327 623 7866 Password 12345		
Alfred		055 554-8483
<b>RAS AL KHAIMAH MEETINGS SCHEDULE</b>		
<b>WEDNESDAY</b>		
7.30pm	PRIMARY PURPOSE GROUP	*Closed
<b>St Lukes Church</b> Al Hamra Industrial Park Holy Angels Hall		
Ahmed		050 992-9484

<b>ABU DHABI MEETING SCHEDULE</b>		
<b>Sunday</b>		
7.00pm		
Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 145 126 820 Password 040820		
Joe		054 463-9788
<b>Monday</b>		
7.00pm		
Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 145 126 820 Password 040820		
Joe		054 463-9788
<b>TUESDAY</b>		
5.00pm		
Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 145 126 820 Password 040820		
Joe		054 463-9788
7.00pm		
Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 145 126 820 Password 040820		
Joe		054 463-9788
<b>WEDNESDAY</b>		
7.00pm		
Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 145 126 820 Password 040820		
Joe		054 463-9788
<b>THURSDAY</b>		
7.00pm		
Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 145 126 820 Password 040820		
Joe		054 463-9788
<b>FRIDAY</b>		
10.00am		
Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 145 126 820 Password 040820		
Joe		054 463-9788
7.00pm		
Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 145 126 820 Password 040820		
Joe		054 463-9788
<b>SATURDAY</b>		
11.00am		
Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 145 126 820 Password 040820		
Joe		054 463-9788

7.00pm		
Moved online - download ZOOM app, tap 'join meeting', Meeting ID: 145 126 820 Password 040820		
Joe		054 463-9788
<b>AL RUWAIS MEETING SCHEDULE</b>		
<b>TUESDAY</b>		
7.00pm	AA Al Ruwais	*Open
<b>Big Book Study</b> <b>St. John the Baptist Catholic Church</b>		
Tim		050 197-0241
Amanda		050 194 7045
<b>*Open - Meeting is open to anyone</b> <b>Closed - Meeting is only open to those with a desire to stop drinking</b> <b>AL AIN MEETING SCHEDULE</b>		
<b>TUESDAY</b>		
7ish pm	New Meeting	*Open
<b>Kanad formerly Oasis Hospital, Al Ain</b> <b>SUSPENDED UNTIL FURTHER NOTICE</b>		
Sharka		056 274-8808
<b>THURSDAY</b>		
11th Step		*Open
<b>Kanad formerly Oasis Hospital, Al Ain</b> <b>SUSPENDED UNTIL FURTHER NOTICE</b>		
Baxter		050 139-6176
<b>FRIDAY</b>		
10.00am	Big Book	*Open
<b>Kanad formerly Oasis Hospital, Al Ain</b> <b>SUSPENDED UNTIL FURTHER NOTICE</b>		
Mohammed		+968 9277-6870
<b>SHARJAH MEETING SCHEDULE</b>		
<b>TUESDAY</b>		
8.00pm	The Hope Group	*Open
<b>St Michaels Church, Room 3 Yarmook Area</b>		
Henry		050 294-4275
<b>THURSDAY</b>		
8.00pm	The Hope Group	*Open
<b>St Michaels Church, Room 3 Yarmook Area</b>		
Mahesh		050 809-9029
<b>SATURDAY</b>		
8.00pm	The Hope Group	*Open
<b>St Michaels Church, Room 3 Yarmook Area</b>		
Ian		050 988-3440